







## Attendees - Who are You?

- Quick round of introductions
  - -Name
  - -Organisation
  - -Work role
  - Do you cycle regularly/occasionally?
  - Have you attended the Fundamentals course (now "Module 1")? If so, when?

## **Course Development**

- Course material prepared by ViaStrada & NZTA
- Developed on behalf of NZTA

   Constantly updated so that it stays current
- Course first run in June 2003
- If you did the Fundamentals course (Module 1): - Some material will look familiar
  - We consider it worthy of repetition

NZ TRANSPORT AGENCY



## **Course Prerequisites**

• Cycling "Fundamentals" useful but not imperative for people with relevant professional experience

- Transport planning experience helpful
- Attendees will need further study and experience and don't rely <u>only</u> on advice from this course
- Use sound judgement and seek expert advice as needed

10

Get on your bike too!

NZ TRANSPORT AGENCY

Overall Course Structure							
Module	Level	Duration	Торіс				
1	Fundamentals	1 day	Planning & Design for Cycling				
2		½ day	Planning and Funding • Policy and Legislation • Data Collection and Analysis • Evaluation and Funding • Auditing				
3	Advanced	½ day	Mid-block and Path Design • General midblock issues • Protected cycleways • Cycle Lanes and Parking • Cycle Paths and Shared Paths • Neighbourhood greenways & Traffic Mgmt				
4		1 day	Intersection Design <ul> <li>Signals</li> <li>Roundabouts</li> <li>Priority and grade separated junctions</li> </ul>				





Section	Торіс
1	Introduction to Module 2 •Recommended guides
2	Policy and Legislation • NZTS, GPS, NLTP • Rules relating to cycling
3	Data Collection and Analysis <ul> <li>Data collection methods</li> <li>Estimating AADTs: CNRPG &amp; SP11</li> <li>Injury data</li> </ul>
4	Appraisal and Funding • Economic appraisal – EEM • Planning, Programming and Funding – PPFM
5	Auditing

## Recap from Module 1

- Types of cyclist
- 5 main requirements for cycling
- Types of midblock provision for cycling
  - Who's happy where?
  - Hierarchy of treatments
- Evaluating level of service (LOS) for cycling

NZ TRANSPORT AGENCY Module 2, Section 1

Recap: 4 ty	pes of trai	nsportatior	n cyclists
Strong & Enthus Eegrless / Confi	sed & ident	Geller (2009) 4 Ty	pes of Transportation Cyclist
	Interested but Co	oncerned	No Way No How
<ul> <li>Will cycle regardless of the road and traffic conditions</li> <li>Interact assertively with motor vehicles</li> <li>Particularly dislike</li> </ul>	<ul> <li>Require some space of their own on busier roads</li> <li>Do not generally require physical separation</li> </ul>	<ul> <li>Willing to cycle, but wary of doing so</li> <li>Prefer full separation from motor traffic at higher speeds and volumes</li> </ul>	<ul> <li>Will never choose to cycle, regardless of infrastructure, traffic environment or training provided.</li> <li>Different reasons</li> </ul>
delay	Ŕ		that would make a great Tuia d. Tride my bike to get my weekly shopping- yeah right"

## Recap: 5 main requirements for cyclists

From Dutch "CROW" Guide:

- (1) Coherence
- (2) Directness
- (3) Attractiveness

- (4) Safety
- (5) Comfort



Recap: Midblock - who's happy where?						
Shared roadway	Sealed shoulders	Cycle lanes	Protected cycleways	Shared paths	Trails	Cycle only paths
Mixed traffic Bus lanes Transit lanes		Kerbside     Next to     parking     Contra-flow	Horizontal separation     Vertical separation     Combination of horizontal and vertical separation     Uni- or bi- directional	Shar roadu Neight hoo greenv Shared	red way bour- dd ways zones	
	ANSPORT AGENCY					





## **IHT 5-step hierarchy**

- 1. Reduce traffic volumes
- 2. Reduce traffic speeds
- 3. Traffic management
- 4. Reallocation of space
- 5. Specific cycle facilities

This can be beneficial to all road users, not just cyclists

NZ TRANSPORT AGENCY Module 1, Section 3















## Available design guides Continental Europe

- Design Manual for Bicycle Traffic (CROW, 2007)
   Authoritative guide from The Netherlands - an update of 1993 version: http://viastrada.co.nz/order-crow
- Collection of Cycle Concepts
   (Danish Road Directorate, 2012)
- Bicycle Parking Manual (Danish Cyclists Federation, 2008)
   Useful dimensions and planning advice



s 🔊















## **Upcoming guidance**

- NZ National Cycle Network Design Guidance
  - Online framework
  - Will link relevant existing guidance
  - Including updates to CNRPG, TCD Manuals
  - New guidance to be developed to fill gaps in existing guidance



## **Summary of Section 1**

- Different types of transportation cyclists have different needs and abilities
  - Need to determine the "target audience"
  - Different facilities suit different target audiences in various contexts
- Various sources of guidance
  - Be aware of the local and national context
     Auckland: new Transport Design Manual (TDM to replace ATCoP) is on its way...

- Know which guide to use for your project
- National Cycle Network Design Guidance online framework will be a useful tool to find the most relevant best practice guidance
- NZ TRANSPORT AGENCY Module 2, Section 1



## Section 2 Outline

• Government policies and strategies

- New Zealand Transport Strategy (NZTS) 2008
- Government Policy Statement (GPS) 2015/16-2024/25
- Transport rules

NZ TRANSPORT AGENCY











Road User Rule	changes	
• All rules and amendments	Land Transport (Road Us Search within this Regulation	er) Rule 2004
PDF formats from NZTA	By clauses View whole (37)	Versions and ame
website	Versions of this Regulation	as at 01 November 2012
Pood Llear Pula has had	Land Transport (Road User) Rule 2004	as at 25 March 2012
nuau User nule nas nau	Land Transport (Road User) Rule 2004	as at 01 October 2011
several amendments	Land Transport (Road User) Rule 2004	as at 10 May 2011
	Land Transport (Road User) Rule 2004	as at 01 May 2011
	Land Transport (Road User) Rule 2004	as at 01 April 2011
	Land Transport (Road User) Rule 2004	as at 11 December 2009
الوبينية وتتقاد والمتعادين المراجع	Land Transport (Road User) Rule 2004	as at 01 November 2009
http://www.nzta.govt.nz/resources/	Land Transport (Road User) Rule 2004	as at 01 October 2008
	Land Transport (Road User) Rule 2004	as at 01 August 2008
	Land Transport (Road User) Rule 2004	as at 17 January 2008
	Land Transport (Road User) Rule 2004	as at 01 October 2007
	Land Transport (Road User) Rule 2004	as at 04 September 2007
Module 2, Section	on 2	7

## 2009 Road User Rule changes

- Special vehicle lanes
  - -Other vehicles can use lane for max 50 m for crossing, manoeuvring etc
- Signalling at roundabouts
  - -Cyclists no longer required to use hand signals (if unable to do so, e.g. uphill)
- Hook turns

   Confirms legality and use











## 2011 Road User Rule changes (2)

- Give Way Rule change

   Reduces demands on
  - left turning drivers
     Now only have to check for pedestrians and cyclists
  - -Increased cycle safety

NZ TRANSPORT AGENCY

Vehicle turning right has to give way

11





Setting Speed Limits Rule

- Enables road controlling authorities to set speed limits
- Defaults remain 50 (urban) and 100 (open road)
- Flexibility for limits below 50
  - residential areas
  - school zones

NZ TRANSPORT AGENCY

- Safer speed zones
- Hamilton 40 km/hQueen St 30 km/h
- activity centres



M



40

14

## Section 2 summary

- Transport policy set by GPS
  - Since GPS 2009, no short term transport targets
- Recent changes to RUR that affect cycling

   Give way rule changes should improve cycle safety
- -Setting speed limits rule paves the way for lower speed areas



## **SECTION 3 OUTLINE**

- Cycle crash data
- Cycle traffic data

NZ TRANSPORT AGENCY

- Other data not specifically related to cyclists
- Estimating AADTs for new facilities - SP11 method + exercise

Module 2, Section 3

## Why do we need cycle data?

To understand the existing situation

- Demand for cycling (but don't forget suppressed demand)
- Comparing cycle volumes with crash rates
- To plan for future improvements
  - Best "bang for your buck"
  - Developing consistent networks
  - Basis for estimating future demand
     Required for funding applications

NZ TRANSPORT AGENCY Module 2, Section 3

















## Other useful data

## May also be useful to collect data not directly related to cyclists:

- Motor vehicle speeds and volumes
  - E.g. to measure traffic calming effects
- Satisfaction of motorists and pedestrians
   Effects of new facilities on other road users
- Economic data

NZ TRANSPORT AGENCY

- E.g. effects on local retails of a new cycle trail or cycle and pedestrian friendly outdoor mall etc.
- Where shoppers park (to help justify removal of on-street parks to accommodate cycle facilities).

Module 2, Section 3

## **AADT estimation**

Where there are existing facilities / access

• CNRPG scaling method using cycle count data (covered in Fundamentals course Module 1)

For new facilities or corridor without public access

- · EEM SP11 method using census data
  - This technique presented in following slides
  - Exercise (15 minutes) then we'll give the answers

NZ TRANSPORT AGENCY Module 2, Section 3









	<b>AADT</b>	e	stimation from	cens	us da	ata	
•	SP 11 n - Calcula - Then us	tes sed	thod AADT for new cyclists in B/C calculations 11 Walking and cycling facili	ties, continued			
		Cycle	e demand			Worksheet 7	
			New and Existing cyclists		1		
			Buffers (km)	<0.4	0.4 to <0.8	0.8 to ≤ 1.6	
		1	Area (km²)	2.5174	3.5216	10.0571	
		2	Density per square kilometre	669.7386192	400.6701499	156.4069165	
		3	Population in each buffer $(3) = (1) \times (2)$	1686.00	1411.00	1573.00	
		4	Total population in all buffers (Sum of (3))		4670.00		
		5	Commute share (single value for all)		2.7		
		6	Likelihood of new cyclist multiplier	1.04	0.54	0.21	
		7	Row (7) = (3) × (6)	1753.44	761.94	330.33	
		8	3 Sum of row (7) 2845.71				
		9	Cyclist rate (9) = ((5) × 0.96) + 0.32		2.91%		
		10	Total existing daily cyclists $(10) = (4) \times (9)$		135.99		
	NZ TRANSPORT A	11	Total new daily cyclists $(11) = (8) \times (9)$		82.87		

-		







	/	Area (km <sup>2</sup>	2)	1	Populatio	n	Ρορι	lation De	nsity
Buffer	0.4	0.8	1.6	0.4	0.8	1.6	0.4	0.8	1.6
From GIS	0.88	3.12	11.62	1993	7481	22674			
Exclusive to buffer	0.88	2.24	8.50	1993	5488	15193	2264	2450	1787







## AADT estimation from census data

- We now have enough data to complete the SP11 worksheet
- · Each row explains the required calculation

-15

5. (free (free)	.0.4		0.010 0.00	
burrers (km)	<0.4	0.4 to <0.8	0.8 to 5 1.6	
Area (km <sup>2</sup> )	0.93	2.24	8.50	
Density per square kilometre	2,264	2,450	1,787	
Population in each buffer (3) = (1) × (2)	1,993	5,488	15,193	
Total population in all buffers (Sum of (3))		22,674		
Commute share (single value for all)		6.1		
Likelihood of new cyclist multiplier	1.04	0.54	0.21	
Row (7) = (3) × (6)	2,073	2,964	3,190	
Sum of row (7)		8,227		
Cyclist rate (9) = ((5) x 0.96) + 0.32		6.18		
Total existing daily cyclists (10) = (4) × (9)		1,401		
Total new daily cyclists (11) = (8) × (9)		( 508 )		
ANSPORT ACENCY		$\sim$		

## AADT estimation from census data SP 11 method pitfalls - Original model: Developed for 2 specific USA cities • For on-road, urban cycle facilities - Cyclists travelling longer distances are probably more likely to travel further to reach a facility - Resident population not the only trip generator • E.g. consider facilities in CBD - very low resident population in surrounding buffers, but very high user volumes due to people cycling to work! Therefore, use SP 11 with caution and supplement with other data where possible. 22 Module 2, Section 3





## Section 3 summary

- Cyclists have a wide range of trip types and requirements
- Cycle data to help understand and provide for the existing situation and plan for the future
- Need to carefully consider cycle crash data
- Various manual and automatic counting devices have different abilities, limitations and applications
- SP11 method uses Census population data rather than cycle counts
  - We'll now do an exercise using it...

NZ TRANSPORT AGENCY





## **Advanced Planning and Design for Cycling - Module 2**

## Section 3 Exercise 1

## Demand Analysis and Estimation SP11 Method

This exercise is based on the planned northern extension to Christchurch's railway cycleway. The existing cycleway caters for a mix of users including pedestrians, commuter cyclists and child cyclists. The location for the area to be considered is shown in Figure 1.



Figure 1: Location of railway cycleway extension

The exercise is to predict the new cyclist demand for the extension according to the method presented in Worksheet 7 of SP 11. The instructions for Worksheet 7 are found in Appendix 1 (but should not necessarily be required for this exercise).

In practice, many of the calculation steps for the first part of the exercise would be performed using GIS (geographic information system) software and the SP 11 spreadsheet. As we don't have computers available in this course and to ensure the understanding of the principles behind the calculations, we will perform a few sample steps.



## **1** Determine population and areas of edge meshblocks

SP 11 calculations rely on census population data, which are supplied according to meshblocks. Figure 2 shows that census meshblocks do not always coincide perfectly with buffer boundaries. Therefore we need to adjust the data for meshblocks that are only partially included in each buffer. Figure 3 shows the GIS attribute table for the 400 m buffer, with the sample buffer highlighted. Using this information, determine the population for the sample meshblock highlighted in Figure 2 to be used in calculations.



Figure 2: Sample meshblock for railway cycleway



Figure 3: Attributes table for sample meshblock



Answer: population of highlighted meshblock inside buffer =

## 2 Calculate population densities

SP 11 requires population densities and areas. Using the information provided and derived in Table 1, fill in the first two rows of Table 2.

Note that the area and population information provided in Table 1 have already been processed to give only the portion of the meshblock that coincides with the buffer oval. However, remember that SP 11 requires the values exclusive to each buffer, and the outer two buffers are "doughnut" shaped rather than full ovals (e.g. the 800 m buffer input should not include population or area already included in the 400 m buffer input).

	Area (km <sup>2</sup> )		Population		Population Density				
Buffer	0.4	0.8	1.6	0.4	0.8	1.6	0.4	0.8	1.6
From GIS	0.93	2.85	9.73	2444	6492	20724	Х	Х	Х
Exclusive to buffer									

Table 1: Summary of GIS output for census data

## 3 Determine commute share

This value is found in table 8.4 of the Economic Evaluation Manual, reproduced in Appendix 2 and must be entered into row 5 of the SP 11 demand estimation worksheet.

## 4 Complete SP 11 worksheet

You now have enough information to complete the SP 11 worksheet for demand estimation (Table 2). Each row explains the required calculation.



	New and existing cyclists				
	Buffers (km)	<0.4	0.4 to <0.8	$0.8 \text{ to} \le 1.6$	
1	Area (km <sup>2</sup> )				
2	Density per square kilometre				
3	Population in each buffer $(3) = (1) \times (2)$				
4	Total population in all buffers (Sum of (3))		·	·	
5	Commute share (single value for all)				%
6	Likelihood of new cyclist multiplier	1.04	0.54	0.21	
7	Row (7) = (3) × (6)				
8	Sum of row (7)				
9	Cyclist rate (9) = ((5) x 0.96) + 0.32				%
10	Total existing daily cyclists $(10) = (4) \times (9)$				
11	Total new daily cyclists $(11) = (8) \times (9)$				

## Table 2: SP 11 demand estimation worksheet

## Appendix 1 SP 11 Worksheet 7 Explanation

## Explanation for worksheet 7

## This worksheet is used to calculate cycle demand for a new cycle facility. The new commuters section of the worksheet calculates the total new daily cyclist commuters. The new other section calculates the total daily new other cyclists. Finally the overall new cyclists is devised.

- 1. Calculate the area within each buffer distance that is connected to the route. The buffer distances are defined at 0.4, 0.8 and 1.6 km. The buffer represents the distance to the cycling facility.
- 2. Enter the population density per square kilometre for each of the buffer zones.
- 3. The population per buffer is calculated by multiplying the area of each buffer **(1)** by the density per square kilometre **(2)**.
- 4. Calculate the total population, for all buffers by calculating the sum of row (3)
- 5. Enter the cycle commute mode share. This value is the same for all buffers. Cyclist commute mode share values can be found in section 8.16.
- 6. Row **(6)** contains the likelihood of a new cyclist multiplier for each buffer. This adjusts for the higher likelihood for the populations living closer to the facility, to use the facility.
- 7. Multiply the population of residents per buffer (3) by the likelihood multiplier (6).
- 8. Calculate the sum of row (7).
- 9. Calculate the cyclist rate by multiplying the cyclist commute share **(5)** by 0.96, then add on 0.32.
- 10. Calculate the total number of existing daily cyclists by multiplying the sum in row (4) by the cyclist rate (9).
- 11. Calculate the total number of new daily cyclists by multiplying the sum in row (8) by the cyclist rate (9).

## Cycle demand

STRADA

## Appendix 2 Mode Share Values for NZ TLAs

(From Table 8.4 of EEM2)

Territory authority area	2006 % of mode share	Annual growth (2001- 2006)	Territory authority area	2006 % of mode share	Annual growth (2001- 2006)
Far North District	0.7%	-11%	Manawatu District	2.1%	-7%
Whangarei District	1.4%	-4%	Palmerston North City	5.4%	-6%
Kaipara District	1.0%	-9%	Tararua District	1.5%	-10%
Rodney District	0.5%	-5%	Horowhenua District	2.6%	-9%
North Shore City	0.8%	-3%	Kapiti Coast District	1.7%	-5%
Waitakere City	0.9%	-4%	Porirua City	0.6%	-4%
Auckland City	1.5%	-1%	Upper Hutt City	1.7%	-7%
Manukau City	0.6%	-7%	Lower Hutt City	1.5%	-6%
Papakura District	0.8%	-7%	Wellington City	2.5%	0%
Franklin District	0.5%	-9%	Masterton District	3.5%	-8%
Thames-Coromandel District	3.0%	-2%	Carterton District	1.8%	-9%
Hauraki District	1.5%	-11%	South Wairarapa District	1.5%	-12%
Waikato District	1.1%	-7%	Tasman District	5.1%	0%
Matamata-Piako District	1.8%	-8%	Nelson City	6.8%	-1%
Hamilton City	3.2%	-8%	Marlborough District	4.6%	-5%
Waipa District	1.3%	-8%	Buller District	3.9%	8%
Otorohanga District	0.9%	-12%	Grey District	2.0%	-13%
South Waikato District	2.4%	-10%	Westland District	3.9%	-10%
Waitomo District	0.8%	-13%	Kaikoura District	4.5%	-7%
Taupo District	1.7%	-7%	Hurunui District	1.9%	1%
Western Bay of Plenty District	0.9%	-6%	Waimakariri District	1.9%	-4%
Tauranga City	2.5%	-6%	Christchurch City	6.1%	-3%
Rotorua District	2.2%	-6%	Selwyn District	2.7%	-5%
Whakatane District	2.9%	-7%	Ashburton District	3.9%	-5%
Kawerau District	3.4%	-10%	Timaru District	3.3%	-7%
Opotiki District	1.5%	-6%	Mackenzie District	3.7%	-7%
Gisborne District	3.4%	-4%	Waimate District	2.2%	-8%
Wairoa District	2.3%	-2%	Chatham Islands Territory	1.1%	-
Hastings District	3.3%	-6%	Waitaki District	2.4%	-4%
Napier City	3.7%	-2%	Central Otago District	3.4%	-6%
Central Hawke's Bay District	0.9%	-8%	Queenstown-Lakes District	2.3%	-5%
New Plymouth District	2.5%	-4%	Dunedin City	1.8%	-9%
Stratford District	1.0%	-9%	Clutha District	1.1%	-9%
South Taranaki District	3.0%	-7%	Southland District	1.5%	-6%
Ruapehu District	2.4%	-11%	Gore District	1.9%	-7%
Wanganui District	3.9%	-8%	Invercargill City	2.2%	-10%
Rangitikei District	1.9%	-9%			



# Section 4 Outline Current context Business Case Approach Process Investment Logic Mapping Strategic Assessment factors Economic Evaluation Manual (EEM) Simplified Procedures (SP11) Full Procedures Example

## Why NZTA is interested in cycling

- Greater safety risk compared to other modes
- Perceptions of being unsafe, unattractive and inconvenient
- Benefits not fully understood by stakeholders
- Needs of cyclists not fully understood



NZ TRANSPORT AGENCY

## Changing gear in cycling

- Cycling is one of the Transport Agency's six priorities for 2015-19
- Directly connects with and supports NZTA priorities around predictable journeys and safer speeds

NZ TRANSPORT AGENCY



## What success will look like

- Safer more attractive network for cycling
  - Better transport choices
  - Major network development in main urban centres
  - Lower rate of fatalities and injuries from crashes involving cyclists
- More people choose to bike more often
- Road users show mutual respect
- Collaborative and effective delivery of cycling initiatives

























## **Investment Logic Mapping**

- Strategic Assessment tool
- A tool that unites stakeholders early
- -Identifies the problem, consequences and the benefits to be gained.
- -Establishes a common understanding and agreed outcomes
- Develops a "story" for investment from strategy to shovel

- Low cost and low effort -time-limited workshops
- Led by strategy (not study)





















NZ TRANSPORT AGENCY <u>www.pikb.co.nz/assessment-framework/</u>



## Strategic fit - walking and cycling

## • High rating:

 Part of primary corridor / network in a main urban area, for utility cycling, including associated facilities; OR
 Corridor / site with a high W&C crash risk

23

<ul> <li>Business case - assessment profile</li> <li>Developed progressively through the process</li> </ul>				
Business Case Strategic Fit Effectiveness Efficiency Stages Assessment Assessment Assessment				
Strategic Case	Indicative	Indicative (conditional where appropriate)	Not applicable	
Programme Business Case	Confirmed	Indicative (conditional where appropriate)	Indicative (conditional where appropriate)	
Indicative Business Case	Reconfirmed (continued alignment)	Confirmed	Indicative (conditional where appropriate)	
Detailed Business Case	Re-confirmed (continued alignment)	Re-confirmed (continued alignment)	Confirmed	





- Western Rail Trail Hamilton
  - Previously, weak reasoning for route choice ("it's flat...")
  - ILM with stakeholders developed a compelling 'why'
- Wellington Cycle Programme
  - Strategic Case applied from the start
  - Short report (≈10 pages), with some evidence
     Business Case requires more thinking than writing
- Hastings following on from Model Communities
  - Able to enter process at pre-implementation stage, as significant planning already done
    - Highlights that Business Case is about providing the right information at the right stage, not reinventing the wheel.

26

NZ TRANSPORT AGENCY

## **Business Case Approach - resources**

- Training resources
- Online:
  - Planning and Investment Knowledge Base
  - https://www.pikb.co.nz/
  - Highways information portal <a href="http://hip.nzta.govt.nz/">http://hip.nzta.govt.nz/</a>
  - Investment management Standard (Vic State)
  - http://www.dtf.vic.gov.au/Investment-Planning-and-Evaluation/Understanding-investment-planning-and-review/What-is-theinvestment-management-standard
- Local 'champions'

Ec	onomic Eva	Iuation Manual (EEM)
SP	911 Walking and cycling f	acilities continued
Wo	rksheet 1 - Evaluation summary	
1	Evaluator(s) Reviewer(s)	
2	Activity details Approved organisation name Activity name Your reference Activity description Describe the issues to be addressed	
3	Location Brief description of location	
4	Alternatives and options Describe the do-minimum Summarise the options assessed	
	NZ TRANSPORT AGENCY WARA KOTAHI	NZTA, 2009] 28

## **EEM simplified procedures**

- SP 11 benefit / cost assessment
- For projects / packages up to \$5M
- Consolidated benefit of \$1.45 / km / cyclist
- Main components:
  - Costs: construction and maintenance
  - Demand estimation (Module 2 Section 3)
  - Travel time
  - Health benefits \$1.30 per km per cyclist
  - Crash savings:
    - "Safety benefit in absence of specific accident analysis
    - category"

      Safety benefit from improvement at hazardous sites

NZ TRANSPORT AGENCY EEM Section 8.7 (2010 version)

## **EEM full procedures**

- Benefit / Cost assessment
- For projects / packages above \$5M
- Can use for projects under \$5M
  - May be able to derive more benefits under congested conditions or where parking spaces not needed
- Uses same components as SP 11
- Plus additional components:
  - National strategic factors
  - Other non-monetised effects

Module 2, Section 4

30





## Health benefits of cycling projects Cycling – moderate intensity physical activity:

Preventative and therapeutic effects for mental illnesses
E.g. depression, anxiety, stress, phobias, panic disorders, schizophrenia
Car-borne commuters found to experience higher stress levels than users of other modes
If people switch to cycling from car use, carbon dioxide emissions reduce

NZTA research report 359

Module 2, Section 4

33









EEM example – cyclist benefits	
• EEM values:	
<ul> <li>Time savings – commuting \$7.80 per hour</li> <li>Mode change benefit 25c / km</li> <li>Cost savings (car 30c / km - bike 5c / km)</li> <li>Health: physical activity benefits \$1.30 per km</li> <li>Parking: Auckland CBD \$11.41 per day</li> <li>Safety; cyclist more at risk – but see following slide</li> </ul>	
Hughes, T. (2009)	
NZ TRANSPORT AGENCY Module 2, Section 4	37



## EEM example - scenario

- Best case congested inner city Auckland
- A 5 km long missing link in the regional cycling network is proposed
- Safe and attractive cycle route linking the CBD to nearby areas, avoiding or remedying hazardous spots
- Links to cycle networks further out
- Average trip length is 5 km; round trip 10 km
  - Supported by other travel behaviour change initiatives at CBD workplaces etc

Module 2, Section 4

L Hughes, T. (2009) 1

EEM example – benefits	per day
<ul> <li>Benefits / person cycling 10 km inste</li> </ul>	ad of driving:
<ul> <li>User benefits         <ul> <li>Time savings (\$7.80 per hour)</li> <li>Mode change cost savings (25c / km)</li> <li>Health (\$1.30 per km)</li> <li>Parking - Auckland CBD (\$11.41 per day)</li> </ul> </li> </ul>	none \$ 2.50 (???) \$13.00 \$11.41 (???)
<ul> <li>Benefits to others         <ul> <li>Congestion relief: Auckland (\$1.41 / 2)</li> <li>Only allowed to count ½ congestion relief due t traffic demand</li> <li>Environment (10c per km)</li> </ul> </li> </ul>	\$ 7.05 o estimated induced \$ 1.00
Total benefits per person per day     Active Transport AGENCY     Module 2, Section 4	\$35   Hughes, T. (2009)   40





Section 4 summary
<ul> <li>Cycling one of NZTA's 6 priorities for 2015-19         <ul> <li>Unprecedented funding</li> <li>Business Case approach</li> </ul> </li> </ul>
<ul> <li>New tool – structured process</li> </ul>
<ul> <li>Bringing stakeholders along from the start</li> </ul>
• EEM
<ul> <li>Simplified Procedure 11 is a fast way to do economic analysis for cycle projects</li> </ul>
<ul> <li>If you require additional benefits to achieve a fundable BCR, consider using full procedures</li> </ul>
<ul> <li>Health benefits are a very strong rationale for advancing cycling projects and programmes</li> </ul>
Module 2, Section 4 43

1

Advanced Plan	ning and Design fo	or Cycling
Module 2		
Section 5 Auditing		
NZ TRANSPORT AGENCY	Module 2, Section 5	

## **Section 6 outline**

- Overview and definitions
- Road safety audits
   NZTA Safety Audit
- Austroads Safety AuditCycle and NMU audits

  - general principles
  - Austroads cycle audit
  - NZTA Non-Motorised User (NMU) Audit Procedures

Module 2, Section 5

- LOS evaluations
  - Austroads
  - CLOSAT

NZ TRANSPORT AGENCY



- There are many different ways of evaluating provision for cycling
  - This section gives a brief description of a few audit guides and checklists
- Auditing is necessary because...
  - Helps ensure designs will meet the objectives
     Does the design provide the right LOS for the target audience?
  - Designing for an *interested but concerned* target
  - audience is a relatively new field
  - Best practice is still being identified and developed
  - Not everyone really knows what they're doing

Module 2, Section 5

NZ TRANSPORT AGENCY







## **Road Safety Audits**

- There are many online and published resources
- We briefly mention 2 of these:
  - NZTA's Road Safety Audit Procedures for Projects: Guidelines - interim release (May 2013)
     Austroads Guide to Road Safety (GRS 6)
- In addition, there is a Cycle Road Safety Audit method available from the Federal Highway Administration (FHWA, 2012)

Module 2, Section 5



## NZTA safety audit procedures

- NZTA's Road Safety Audit Procedures for Projects: interim release May 2013 for general road audits
  - Broad consideration of cycling related issues under 'Special Road Users'
  - e.g. "have cycle lanes been considered?"
     You need to assess designs
  - according to the design principles in this course

NZ TRANSPORT AGENCY Module 2, Section 5













## Cycle audits - general

- May be for:
  - concept plans,
  - design plans,
  - construction drawings, or
  - existing roads/paths
- Consider all principles described in standards, guidelines and these course modules

Module 2, Section 5

11

May need a custom audit methodology

NZ TRANSPORT AGENCY







## Principles of cycle audits

- 4. Is the choice of facility appropriate?
  - midblock degree of separation, crossing provisions, etc
  - intersection ASBs, ASLs, hook turns, cycle phases











## Principles of cycle audits

- Do motor vehicle volumes allow cyclists to:
   cross at a mid block crossing?
  - cross the road at a priority intersection?
  - transition between lanes on approaches to intersections?



# <section-header><section-header><section-header><list-item><list-item><list-item><list-item>



_			
		Austroads GRD 6A Appendix C Checklists	
•	Detailed	information, not a "checkbox" table	
	Section	Description	
	C.1	Introduction	
	C.2	General Requirements for Roads and Paths	
	C.3	Alignment and Cross-section	
	C.4	Signs, Delineation and Lighting	
	C.5	Riding Surface	
	C.6	Vegetation, Maintenance and Construction	
	C.7	Traffic Signals	
	C.8	Physical Objects	
	C.9	Paths	
	C.10	Roads	
4		Austroads GRD 6A Appendix C – summary Module 2. Section 5	1

_			
		Austroads GRD 6A	
		Appendix C Commentary (1)	
	Number	Commentary	
	1	Separated versus shared paths	
	2	Cycle design vehicle	
	3	Footpaths	
	4	Bicycle paths	
	5	Shared paths	
	6	Segregated paths	
	7	Street furniture	
	8	Level changes	
	9	Surface materials	
	10	Gradients Austroads GRD 6A	
	11	Path factors Appendix C – summary	
	12	Construction specifications	
4	NZ TRANSPO WAKA KOTAHI	ORT AGENCY Module 2, Section 5	20





## **Bikeability checklists**

- Bikeability (U.S.A.)
  - hosted on www.pedbikeinfo.org/
  - partners: NHTSA / USDOT
  - non technical, useful for those frequent calls planners get from schools looking for a project ©
- Bikeability (Australia)
  - hosted on www.travelsmart.gov.au
  - prepared by Bicycle Federation of Australia (BFA)
  - checklist is far more comprehensive, suitable for professional use
- Cycling England "Bikeability" cycle skills training is not a bikeability checklist 23

NZ TRANSPORT AGENCY Module 2. Section 5



MU review objectives
 Why do an NMU?

 Recognise variations in NMU skills and behaviours
 Aim for a design which encourages consistent behaviours
 Encourages design team to improve LOS for NMUs
 Recognises current and future needs of NMUs
 Prevents conditions for NMUs being worsened

 Happens more often if it is not a walking & cycling project

## **NMU review components**

- Two main parts
  - Context Report (as early as possible)
  - Audits (at each project stage)
- Different audit checklist for each stage:
  - Preliminary Design
  - Detailed Design

- Construction Stage
- Post Construction



## Level of Service evaluations

- LOS
  - Traditionally a measure used for motor vehicle traffic, based on travel time / delay
  - Remember, directness (which includes travel time) is only one of the 5 requirements for cycling
- The concept of LOS now is being broadened to encompass various route requirements
  - E.g. Austroads LOS metrics a variety of "LOS needs" for different modes...
- Can be a useful part in evaluating planned or existing provision for cycling

	L	.OS foi	r differ	ent m	odes	
	Level of Service		Ŕ	ోం		
lce		No route delay. Always runs to timetable.	Opportunities to cross within 50m. Minimal crossing delay.	High degree of separation. Minimal delay.	No delay. No variability.	No delay. No variability.
mar	B					
ing perfo	Õ	Stop at every set of signals. Within 5 min of timetable.	Crossing within 200m. Average crossing delay is 45 sec.	On-road bicycle lane.	Stop at every set of signals.	Stop at every set of signals.
educ	D					
-	Ø	Takes at least 3 signal cycles to clear intersection.	Crossing within 400m. Average crossing delay is 90 sec.	Bicycles share traffic lanes.	Takes at least 3 signal cycles to clear intersection.	Takes at least 3 signal cycles to clear intersection.
	<b>G</b>					
	U			den	Hollander, 2014	4
	KA KOTAHI	AGENCY				

## **Austroads LOS metrics**

- Austroads LOS metrics for network operations planning
  - For various modes
  - Multiple LOS needs
  - With associated LOS measures
  - And service measure values required to achieve rating levels A-F



VIASTRA

NZ TRANSPORT AGENCY





	Austroads LOS metrics				
<ul> <li>Descriptions of LOS ratings for measure         <ul> <li>– E.g. Risk of cycle-motor vehicle crash at mid-block:</li> <li>– E.g. Risk of cycle-motor vehicle crash at mid-block:</li> </ul> </li> </ul>					
Rating	Service measure value				
А	Exclusive bicycle facility in a low-risk environment				
В	<ul> <li>Exclusive bicycle facility in a low to medium risk road environment or no bicycle facility in a low risk road environment</li> </ul>				
С	<ul> <li>Exclusive bicycle facility in a medium to high risk road environment or no bicycle facility in a low to medium risk road environment</li> </ul>				
D	<ul> <li>Exclusive bicycle facility in a medium to high risk road environment or no bicycle facility in a medium risk road environment</li> </ul>				
E	<ul> <li>Bicycle only lane (not Copenhagen style facility where the bicycle facility is behind a kerb) in a high risk road environment or no bicycle facility in a medium to high risk road environment</li> </ul>				
F	No bicycle facility in a high risk road environment				
	31 TRANSPORT AGENCY VASTRADA				





	able 5.6	LOS for cy	clists: Stevenson Street/D	nmark S	it inter	Section	S.c.	9 alisati	4		1
	Road LOS	105		W/out LOS rating							
Results in LOS rating is	user	needs	LOS measure	or With	NA		E	D	с	в	A
	Cyclist	Mobility	Travel speed	Withut							
for each measure				With				1			
			Congestion	With		_		_		-	-
Evample shows			Grades	Wind							
Example shows				With							
comparison for site		Safety	Risk of cycle-to- cycle/pedestrian crash	Without							
companson for site	d			With							
with / without propose			Risk of crash caused by surface uneverness or slippage	Witht							
many manoat proposed				With							
signalisation			Risk to crash with stationary bazards	Witht		_		_	_		-
			Rick of early to mater	With							-
- Can have +/- increment	ht		vehicle crash at mid-blocks	With							$\vdash$
			Risk of cycle-to-motor	With		_					
for each LOS rating			vehicle crash at intersections and/or driveways	With							
•		Access	Access to and ability to park close to destination Restrictions	With							
				With							
		Information		Witet		_		_			
			Transfer information	With		_				<u>.</u>	
			available, including	With						-	-
		formation	Aesthetics	Woot							$\vdash$
				With							
			Comfort and convenience	Witht							
			NUMBER	With							
			Security	Wilout		_		_		_	
			Propriet de public	With							
NZ TRANSPORT ACENCY			Tarterise going	11.544		_		_	_		-



	Α	ustroads	L	09	<mark>3 I</mark>	me	etri	С	S		· · ·				
			Dead	LOP	cyclines	Sterenzon .	W	out	mici	JUCUU	L	OS rat	ing		_
			user	needs LOS measure		or W3	n	N/A	۲	E	D	C	в	A	
			Cyclist	Mobility	ity Travel speed		Wa	et.							
					Control	ation .	With							-	=
					cong		WR	,							-
					Grade	5	WB	æ							
				DATATA	TO BK	r cyce-to-	WE		_						
					cycle	pedestrian ora:	sh Wit	,							
					Risk a	f crash caused	d by Wit	et.		_					
Road	LOS		W/out			LOS rating									
user	needs	LOS measure	or Wi	th	N/A	F	E		D		С		в		A
Cyclist	Mobility	Travel speed	W/e	out											
			Wit	h											
		Congestion	W/e	out											
			Wit	h											
		Grades	W/e	out											
			Wit	h											
					Nearch	10	Wit					1			
					Secu	ty	We	et .							
$\frown$					Pave	nent ride qualit	ty With	ut 1							34
	TRANSPORT AGE	NCY					WE	•							

## **Cycling LOS Assessment Tool**

CLOSAT

- Bicycle Network and VicRoads (Victoria, Australia)
- A series of variables with scores to give an overall LOS
  - Professional judgement used to define scores
  - i.e. not validated by surveying actual users
- Midblock and intersections

   Can be applied to identify weakest link over a route

den Hollander, 2014

Cycling LOS Assessment Tool							
Class	Subset	Facility	Value	Score			
	Midblock	Nothing	0				
		Wide kerbside lane (marked)	1	, I			
	One direction	1.0m paint	3				
		1.2m paint	5				
On Road Bike Lanes		1.5m paint	8	Ĩ			
		1.8m paint	9				
		2.0m paint	10				
		Separated by profiled line	3				
		Separated by parking	4				
		Bus Lane =<10, <20, 20+ buses/hr	11, 6, 2				
		Speed: 50kph, 40kph, 30kph	1, 3, 4				
		Speed: 70kph, 80kph, 90+kph	-3, -10, -15				
		Sidestreets without green	-2				
		Parking, no 0.5m chevron or reversing zone	-3				
		<.5m lat.clearance to obstruction	-2				
		Uneven surface	-3				

















## **Section 5 summary**

- Auditing is an important part of providing for cycling — Check the concept design is right (first stage)
  - Identify deficiencies and plan for improvements
  - Inform asset management and models
- Road safety audits (RSAs)
  - NZTA requirement, procedures are well developed
- Cycle audits
  - Use the seven principles of cycle audits
  - Ensure consistent, comprehensive audit
- LOS for cycling

Structured methods available to identify weakest links in a route or weakest aspects in a facility
 TARMSPORT AGENCY Module 2, Section 5







## 2.4 Appraisal and Funding

- Business Case Approach
  - Structured process
  - Bringing stakeholders along from the start
  - Includes Investment Logic Mapping process
  - Informed discussions to develop "investment story"
     Includes 3 factor framework for assessment
    - Strategic fit, effectiveness, benefit/cost appraisal (efficiency)
- Economic Evaluation Manual (EEM)
  - Simplified Procedures for walking and cycling (SP11)
     Full Procedures may be useful for projects < \$1M if</li>
  - additional benefits needed – output is a Benefit-Cost Ratio (BCR)
- To be used in Business Case Module 2, Section 6

## 2.5 Auditing

- Road safety audits (RSAs)
  - for all users
  - generally new or renewal projects
  - limited to safety
  - Cycle audits and reviews
    - audits of new or renewal projects
    - reviews of existing roads
    - include safety amongst other criteria
- LOS for cycling

NZ TRANSPORT AGE

- Austroads different measures for different needs of a particular facility
- CLOSAT LOS of route segments
  - Module 2, Section 6





