



Healthy Christchurch presents the inaugural New Zealand Healthy Cities *and* Communities Short Course



Monday 7th to Thursday 10th April 2008 / Venue: Mancan House, Christchurch



This four day interactive workshop is being hosted by the seven sponsoring organisations of Healthy Christchurch. The course provides a critical understanding of the concepts behind, and practices associated with, healthy urban planning based on the World Health Organisation's Healthy Cities initiative.

Who should attend?

This course is relevant to anyone with an interest in taking action towards creating healthy and sustainable cities and communities. It will appeal to a wide range of New Zealanders such as elected representatives, planners (town, health, transport, etc), developers, researchers and those working in community development and other arenas to work together to create a healthy city.

The workshop will have a strong urban design focus, and will concentrate on research and practice relating to sustainable urban environments. It is expected that this short course will meet the Compulsory Professional Development requirements of the New Zealand Planning Institute and other bodies.

Topics covered include:

- The key concepts of healthy cities and community capital
- Community participation
- Maori urban planning concepts
- Intersectoral collaboration and integrated planning
- Health Impact Assessments
- The political arguments for sustaining a Healthy Cities approach
- Environmental sustainability and health promotion
- Project implementation

Learning methods

Presentations, workshops, discussion, problem-oriented case studies, field trips

Dr Iain Butterworth: Course Convener

Iain Butterworth, a community psychologist, co-produced 'Environments for Health', the Victorian State Government's municipal public health planning policy framework, which draws strongly on Healthy Cities principles. In 2003-2004 Iain was a Fulbright Scholar at the University of California, Berkeley, USA, investigating Healthy Cities evaluation and working with Healthy Cities co-founder, Prof Leonard Duhal. Since joining Deakin University as a Senior Lecturer in the School of Health and Social Development in 2004, Iain has:

- run short courses in 2005, 2006 and 2007, with Healthy Cities founders, Prof Leonard Duhal and Dr Trevor Hancock, and Stephanie Knox from the Victoria Branch of the Planning Institute of Australia;
- researched the 'health' dimensions of Melbourne 2030, the Victorian State Government's urban planning blueprint for Melbourne;
- investigated the development and implementation of 'walkability' indicators with local governments;
- investigated the role of property developers in building healthy cities and communities.



Invited speakers

Saul Roberts

Saul is an architect who specialises in projects where cultural design elements are of importance. He works as the liaison contact on behalf of the iwi of Te Kawerau a Maki with the Waitakere City Council. Saul was invited to present at the 2007 Public Health Association Conference on engagement with Maori, and the 2006 Ministry for the Environment Maori Korero on urban design.

Rau Hoskins Iwi: Nga Puhi, Ngati Wai Hapu: Ngati Hau

Rau is a founding director of the '*design TRIBE*' architectural practice which specialises in the field of Maori architecture particularly within cultural / visitor, urban design, educational and residential environments. Rau lectures part time at the Unitec School of Architecture and Landscape Architecture and co heads Te Hononga – the Centre for Maori Architecture and Appropriate Technologies. Rau is currently co-developing the Te Aranga Maori Cultural Landscape Strategy as a parallel document to the Urban Design Protocol developed by the Ministry for the Environment. This strategy promotes collaborative working relationships between iwi/hapu, local government and the Maori design community to improve the visibility and legibility of Maori identity in the built and landscape environments.

Dr Jamie Pearce

Dr Jamie Pearce is a Senior Lecturer in the Department of Geography, University of Canterbury, New Zealand. He is also the founder and co-director of the '*GeoHealth Laboratory*' at the University of Canterbury. Jamie has extensive research experience in examining social and spatial inequalities in health, and policies to narrow these divides, as well as the role of context/local neighbourhood in shaping health outcomes and health-related behaviours. Jamie is currently an investigator on the Health Research Council funded Health Inequalities Research Program (HIRP), and he has led the programme of research into how neighbourhood resources influence a range of individual health outcomes.

Barbara Graves

Barbara is a co-founder of '*limbic*' - a Nelson-based company of public health and health promotion professionals that offer facilitation, presentations, team building, workshop design and delivery amongst other services. She was a delegate to the Healthy Cities Short Course in Deakin University, and offers a unique perspective on incorporating some of the Healthy Cities concepts in the Nelson area with a 'Place and Space' workshop that involved various local government and NGO agencies.

Mary Richardson

Mary is a policy and research consultant in Christchurch. She has worked in operational and policy roles in local and central government and NGO sectors. Her interest is in the socio-economic determinants of health, particularly the impact on income inequalities, social capital and democratic governance in health.

Dr Anna Stevenson

Anna is a public health physician employed by the Canterbury District Health Board and Christchurch City Council. She was the project leader for the Health Impact Assessment (HIA) on the Greater Christchurch Urban Development Strategy, the first high level policy HIA performed in New Zealand that linked urban design to health outcomes.

Martin Ward

Martin has been involved with impact assessment since 1973 and has led multi-disciplinary teams involved in preparing environmental impact reports for major civil construction projects, mines and energy projects. He has lectured and written on environmental impact assessment and strategic environmental assessment and since 2003 he has been involved with the development in New Zealand of Health Impact Assessment. In 2008 he will be involved in the New Zealand piloting of the sustainability impact assessment.

Community and Public Health Schools Team

Holly Hearsey, Olivia Papuni, Kerry Marshall, Anahera Perrett and Nicky Harrall make up the Schools Team at Community and Public Health (a division of the Canterbury District Health Board). Together they have many years of professional and personal experience in the education sector. They come from health, education and community backgrounds each bringing valuable experiences and views of how to effectively and positively work alongside, and with, those who live in neighbourhoods and who work and play in different settings (such as schools). Over the past three years the Schools Team have developed a variety of tools that can be used when consulting with children. Together they are supporting schools making a difference through effective consultation with children, staff, families and the community.



Registration Form

Healthy Cities and Communities Short Course

Monday 7th to Thursday 10th April 2008

Contact Healthy Christchurch coordinators on (03) 378-6820 or (03) 378-6838 to confirm that there are vacancies in the short course and to tentatively book your place. Places are limited.

Your booking will be secured when you return this registration form with either a deposit or full payment to:

- > Healthy Christchurch
- > PO Box 1475
- Christchurch 8140.

Preferred Name: _____

Position: _____

Mailing address: _____

Postcode: _____

Telephone: _____ Fax: _____

Email: _____

Cheque enclosed: NZ\$ _____ Deposit: Y / N Make cheques payable to:
Canterbury District Health Board

Places are limited and can only be secured when fees are paid in full or a \$400 deposit is made.

Signature: _____ Date: _____

Any other help or special requirement needed?

Registration Details:

Cost: \$1000 per delegate, which includes course materials, morning and afternoon teas, lunches, and opening night dinner.
Venue: Mancan House, Corner Cambridge Terrace and Manchester Street, Christchurch
Enquiries: Healthy Christchurch Coordinators Kathryn Cannan: (03) 3786 820 or Robyn Wallace: (03) 3786 838
Email: healthychristchurch@cph.co.nz

Cancellation policy: 90% of registration fee is refundable on notice of cancellation up to 14th March; 50% of registration is refundable thereafter until commencement of course. No refunds after course commences. All cancellations must be in writing.

Course cancellation or changes:

HEALTHY CHRISTCHURCH RESERVES THE RIGHT TO CANCEL THIS COURSE.

At the time of printing, the course content was correct. Any changes that may be made to this course will be notified upon commencement.



Time	Item	Presenter
Day One: 9.00 am – 5.00 pm Healthy Cities and Communities Introduction		
8:15 – 9:00	Arrival/registration/coffee	
9:00 – 10.30	Mihi Whakatau Overview of programme Introductions	Mark Solomon/Henare Rakiihia Tau Bob Parker
11.00 – 11:30	Health shakeout	Evon Currie
11:30 – 12:30	Keynote address – Healthy Cities	Iain Butterworth
1:00 – 2:45	Healthy Communities vision workshop	Iain Butterworth Mary Richardson
3:00 – 5:00	Community capital	Iain Butterworth
6:00 – 10:30	Dinner with Healthy Christchurch Champions Keynote speech	Saul Roberts
Day Two: 8.30 am – 5.00 pm New Zealand Experiences		
8:30 – 9:30	Neighbourhoods and health – NZ research	Jamie Pearce
9.30 – 10.30	Maori urban planning	Rau Hoskins
11.00 – 12:30	Central city hikoi	Craig Pauling/Terry Ryan
2:00 – 5:00	Plenary workshops - Health Impact Assessment - Children's voices - Intersectoral action	Martin Ward/ Anna Stevenson CPH Team Barbara Graves
Day Three: 8.30 am – 5.00 pm Empirical Observations – Site Visits		
8:30 – 9:00	Arrival/briefing	Vincie Billante
9.00 – 12.30	Site assessments	Delegates
12.30 – 2:00	Preparation of site presentations	Delegates
2:00 – 5:00	Group presentations	Delegates
Day Four: 8.30 am – 5.00 pm Measuring Community Capital		
8:30 – 10:30	Workshop on community capital	Iain Butterworth
11:00 – 12:00	Workshop on implementing changes	Iain Butterworth
1:00 – 3:00	Panel discussion with leaders in urban development	Bob Parker Keith Hall Penny Hulse Lindsay Gow (to be confirmed)
3:00 – 5:00	Action plans	